

# PRECAUTIONS FOR SURGERY

All patients anticipating surgical procedures must stop taking aspirin and aspirin products as well as ibuprophen for **10-14 days prior** to procedure. These drugs and other nonsteroidal anti-inflammatory drugs are anticoagulants (blood thinners) which can cause bleeding problems during and following the procedure.

## THE FOLLOWING COMPOUNDS ARE TO BE AVOIDED: FOR 10 TO 14 DAYS PRIOR TO SURGERY.

(Contact your general physician if there is any question whether you need the medicine.)

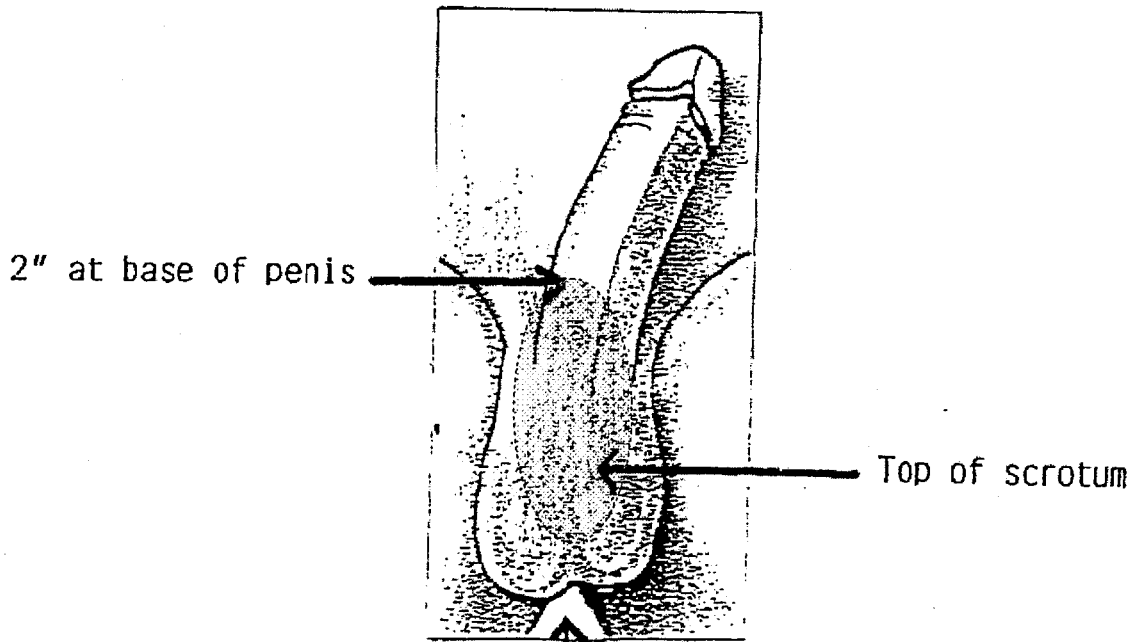
ADVIL	COPE	IBUPROPHEN	RELAFEN
ALKA SELTZER	CORICIDIN	INDOCIN	ROBAXISAL
ALEVE	DAMASON	LODINE	SALTFLEX
SELTZER	DARVON	MEASURIN	SINE AID
ANACIN	COMPOUND	MEDIPRIN	STENDIN
ANAPROX	DISALCID	MIDOL	SINE OFF
ARTHOTEC	DOLOBID	MOBIC	SUPAC
ASCRIPITIN	DRISTAN	MOTRIN	SYNALGOS
ASPRIN	DURAGESIC	NALFON	PAC
BAYER	ECOTRIN	NAPROSYN	SYNALGOS DC
ASPRIN	EMPIRIN	NAPRELAN	TOLECTIN
BEXTRA	EQUAGESIC	NORGESIC	TORADOL
BUFFERIN	EXCEDERIN	NUPIN	TRILAMINCAN
CAMA	FELEDENE	ORUDIS	TRILISATE
CATAFLAM	FIORINAL	ORUVAIL	VANQUISH
CELEBREX	FOUR WAY	PAC	VIOXX
CHERACOL	COLD	PANALGESIC	VOLTAREN
CLINORIL	HALFPRIN	PERCODIN	
CONGESPRIN	HALTRAN	PONSTEL	

## ALSO AVOID "HERBAL" COMPOUNDS PRIOR TO SURGERY.

A number of herbal remedies have side effects that could complicate surgical procedures by inhibiting blood clotting, affecting blood pressure, or interfering with anesthetics. Ginkgo biloba, feverfew, garlic, ginger, and ginseng have all been shown to interfere with the function of platelets - necessary for clotting. The use of herbal preparations in the United States has risen dramatically over the past decade. Although we do not have the exact rate of complications from herbs, the potential for them to cause a problem is real.

**SHAVING / CLIPPING INSTRUCTIONS  
FOR THE DAY OF VASECTOMY**

**On the day of the procedure you should (shave or) preferably  
clip the hair  
at the bottom 2 inches of the penis and  
the top/front of the scrotum.**



**PLEASE CLIP OR SHAVE ON THE DAY OF THE PROCEDURE,  
NOT THE NIGHT BEFORE.**

**ALSO, PLEASE REMEMBER TO WEAR AN ATHLETIC  
SUPPORTER OR TIGHT BRIEFS  
WHEN YOU COME FOR YOUR PROCEDURE.**